



## RANDY NATHAN, MSW, PCC

### The Greatest Days of Your Life...For Now!

High School is one of the most significant time periods in anyone's life. The physical, social and environmental changes are so massive and significant it's easy to feel that nothing could ever be better. It's also a time of major lows. Trying to balance out the two can make anyone a bit crazy. Be taken on a journey to remember those wonderful days of high school and what lies ahead.

### The Five Core Principles

Schools, parents and the community all provide youth and teens various ideas on how to be successful in life. Introducing five powerful principles, this workshop encourages youth to take ownership of their life and make their future a reality.

### The Leader in You

Integrity. Accountability. Respect. Vision. Commitment. In this inspirational program, participants explore the principles of leadership and how leadership is defined by character and behavior, not age or status. Empowers the participants to use their gifts, and make a difference in their life and in the community.

Since 1985, thousands of individuals in camp, education, youth groups and other non-profit programs have benefited from Coach Randy's motivation, training, facilitation and coaching services. Having earned his BA in Sociology and Education from the University of Colorado, an MSW from the University of Southern California and a Certificate in Empowerment Coaching from iPEC, Coach Randy has partnered with hundreds teens to Inspire and Motivate them to achieve their personal goals and dreams, while teaching them valuable strategies to overcome the obstacles and challenges they encounter.

Coach Randy, founder of Your Personal Coach LLC, has served as a keynote speaker and workshop facilitator at numerous schools, camps, youth groups and corporations within North America. He is the creator of The LEAP Program, a six-part youth empowerment workshop designed to help youth and teens identify their purpose, overcome their limiting beliefs, enhance peer relationships, and develop a plan for reaching their true potential.

#### Other topics:

- Educational Staff Development
- Team Building
- Building Confidence

For speaking engagements, please contact us at [info@projectnextgen.com](mailto:info@projectnextgen.com) or (973) 736-6558.

[www.projectnextgen.com/](http://www.projectnextgen.com/)

#### Partial List of Past Venues:

NJEA Teachers Convention • ACA Tri-State Camping Conference • JCCA North America • B'nai B'rith Youth Organization • URJ Camps • Morris County Principals Association • Union for Reform Judaism • Kean University • Harding Township Schools • Northvale Schools • Teaneck High School • Cumberland County Schools • Bergen County Guidance Counselors • Mendham Township Schools • Maplewood Schools