



## AL TORRES, CEC, AELC

### Career JumpStart

Who truly understands how a college graduate thinks? In reality, only the graduate knows. However, utilizing a coaching approach, our program will help the graduate gain clarity in their life and take the appropriate steps to create a plan for their success.

### The Quarterlife Crisis

The quarterlife crisis, or QLC, is essentially a period of anxiety, uncertainty and inner turmoil that often accompanies the transition to adulthood. Essentially, it is taking longer to become an adult today based on traditional markers such as financial independence and starting a family. The average American job hops 8 times before the age of 32, the average college graduate accrues \$20,000 in education loan debt, and the average age to get married is now 27. Today, it is a necessity to understand the generation that will be leading the workforce over the next 10 years.

### Managing the Millennial Generation

We always hear the same complaints from managers, supervisors and executives, "This generation has such a sense of entitlement". This seems to be the underlying cause as to why management cannot seem to motivate the individuals they manage. In reality, times have changed and so has the workforce. It is no longer sufficient to just delegate work, a manager must also be able to coach, mentor, and motivate their staff.

As a product of the Millennial Generation, Al Torres has focused on coaching young professionals looking to gain insight and control of their careers and lives. As founder of Pursuit Concepts Group LLC, Al has coached professionals at all levels to help them improve their communication skills, leadership, vision and balance in their career, life and business. In 2008, Pursuit Concepts Group LLC merged with Your Personal Coach LLC to streamline a growing trend of personal development and continue the mission of developing future successful leaders. Al earned his BS in Finance from The College of New Jersey and his coaching certificate in Empowerment Coaching from iPEC. Additionally, Al is certified in the Genos Emotional Intelligence Scale and Energy Leadership Index.

Prior to starting his career in the field of coaching, Al worked as a strategic operations consultant focused on various industries within the Fortune 500. Having worked with a diverse range of managers and leaders across the globe, he recognized an urgent need for advanced leadership development and training. After identifying this necessity for there to be a generational synergy in the workplace, he came across the field of coaching. With a passion to help others achieve greatness, Al has combined his experience and training to help people achieve their peak performance.

#### Other topics:

- Communication
- Team Building
- Motivation

#### Venues:

*Conventions • Conferences • Associations  
Colleges/Universities • Meetings • Graduations*

#### Sample List of Past Venues:

The College of NJ • New York University • Columbia University  
Business Network International (BNI) • Ernst & Young •  
monster.com • NJEA Teachers Convention Association •  
And many more...

For speaking engagements, please contact us at [info@projectnextgen.com](mailto:info@projectnextgen.com) or (973) 736-6558.

[www.projectnextgen.com/](http://www.projectnextgen.com/)